



Report: Seminar on the Burden of Hearing Loss and Listening

Host Institution: N.C. Medical College & Hospital (NCMCH), Israna, Panipat

Event Title: Burden of Hearing Loss and Listening

Date: February 6, 2026

Location: NCMCH Auditorium

1. Introduction

On February 6, 2026, the N.C. Medical College & Hospital organized a comprehensive seminar in collaboration with Sound Hearing 2030 and Maulana Azad Medical College to addressing one of the most pressing yet often overlooked public health issues the seminar, titled "**Burden of Hearing Loss and Listening**" served as an academic platform for experts to share insights on the clinical, social, and preventative aspects of auditory health.

2. Inaugural Session

The programme commenced at **10:30 AM** with a traditional **Lamp Lighting ceremony** and **Saraswati Vandana**, symbolizing the pursuit of knowledge and the removal of ignorance.

- **Welcome Address:** Dr. Himani Tak formally welcomed the guests, dignitaries, and participating medical students.
- **Opening Remarks:** Maj Gen (Dr) P K Singh, Principal of NCMCH, delivered the opening remarks. He emphasized the hospital's commitment to continuous medical education and the importance of addressing sensory disabilities in the current healthcare landscape.
- **Orientation:** Dr. Rakesh and Dr. Harikesh provided a brief introduction to the seminar's objectives, outlining the specific goals of the day's discussions.

3. Technical Sessions & Keynote Presentations

The core of the seminar was divided into four major presentations, each focusing on a different facet of hearing health:

I. The Global and Local Burden

Speaker: Dr. Suneela Garg

Dr. Garg presented a data-driven session on the **Burden of Hearing Loss**. The discussion covered the prevalence of hearing impairment and the long-term consequences of untreated hearing loss, including cognitive decline, social isolation, and its impact on the national economy.

II. Safe Listening Practices

Speakers: Dr. Uma Garg and Dr. Arun Kumar Agarwal

This segment was split into two critical areas:

- **Adolescents:** Dr. Uma Garg focused on the rising incidence of "leisure-induced" hearing loss among youth due to the improper use of headphones and exposure to loud entertainment venues.
- **General Safety:** Dr. Arun Kumar Agarwal provided clinical guidelines on what constitutes "safe" decibel levels and the biological mechanisms of noise-induced hearing loss.

III. Community Integration

Speaker: Dr. Mahender Singh

Dr. Singh transitioned the focus from clinical settings to the **Community**. He discussed the challenges of implementing hearing health screenings in rural areas and the necessity of public health campaigns to de-stigmatize the use of hearing aids.

4. Interactive Segment & Evaluation

To ensure the transfer of knowledge to the next generation of healthcare providers, **Dr. Ravi Mehar** conducted an **Under-graduate Quiz**. This interactive session allowed medical students to engage with the material presented during the lectures and demonstrated a high level of academic proficiency among the attendees.

5. Conclusion

Dr. Nivedita Pandey delivered the **Vote of Thanks**, expressing gratitude to the management of NCMCH for their support and to the distinguished speakers for their valuable contributions to the field of Otorhinolaryngology and Public Health.

Takeaways Message:

- **Preventive Focus:** A significant emphasis was placed on the fact that much of modern hearing loss is preventable through "Safe Listening" habits.
- **Early Intervention:** The seminar highlighted that early diagnosis is vital to mitigating the "burden" of the disability.
- **Academic Excellence:** The integration of a quiz ensured that the seminar was not just a lecture series but a practical learning experience for students.
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World Hearing Day 2026
"From Communities to Classrooms: Hearing Care for every child"
SEMINAR ON BURDEN OF HEARING LOSS AND SAFE LISTENING

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Act now so no child is left behind due to ear or hearing problems.

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Organized by NC MEDICAL COLLEGE & HOSPITAL, ISRANA ROHTAK - PANIPAT ROAD, ISRANA, HARYANA
in collaboration with
SOUND HEARING 2030 and ENT DEPARTMENT of MAULANA AZAD MEDICAL COLLEGE, NEW DELHI



